

Kira Solly Art

# MINDFUL LINES



## MINIMALIST REVERSE COLORING BOOK FOR ADULTS

🛡️ Free your creativity

🛡️ No single way to draw!

🛡️ All you need is a pen

# The Minimalist Art Reverse Coloring Book

## Welcome to the Space Between the Lines

Step into a world where color flows before form. Here, the traditional rules are reversed: without the constraint of pre-drawn lines, these ethereal watercolor stains and organic gradients invite you to explore without judgment.

Let your pen follow your intuition, not a template. Trace the hidden edges you discover, add depth through intricate textures, or let your ink dance in the white space. In this book, there are no mistakes—only the unique rhythm of your own creativity.

Use each page as a sanctuary for focus and harmony. Your ink isn't just a mark; it's the final breath that brings these shapes to life.

*Relax. Breathe. Create.*

# A Little Space for You

**This is your time to unplug and enjoy the flow. To make your creative journey even more relaxing, I've put together a small gift for you.**



I've created a playlist of calm beats, soft nature sounds and pleasant video in the background to accompany your drawing. Just scan, press play, and let your pen move.

*Enjoy the time for yourself*

# The Doodle Guide

Use the guide below as a starting point to spark your creativity



Use different types of pens to vary your designs

Fill the space with any shapes

Fill the space with lines

Trace watercolor shapes

Draw any elements and fill them with patterns

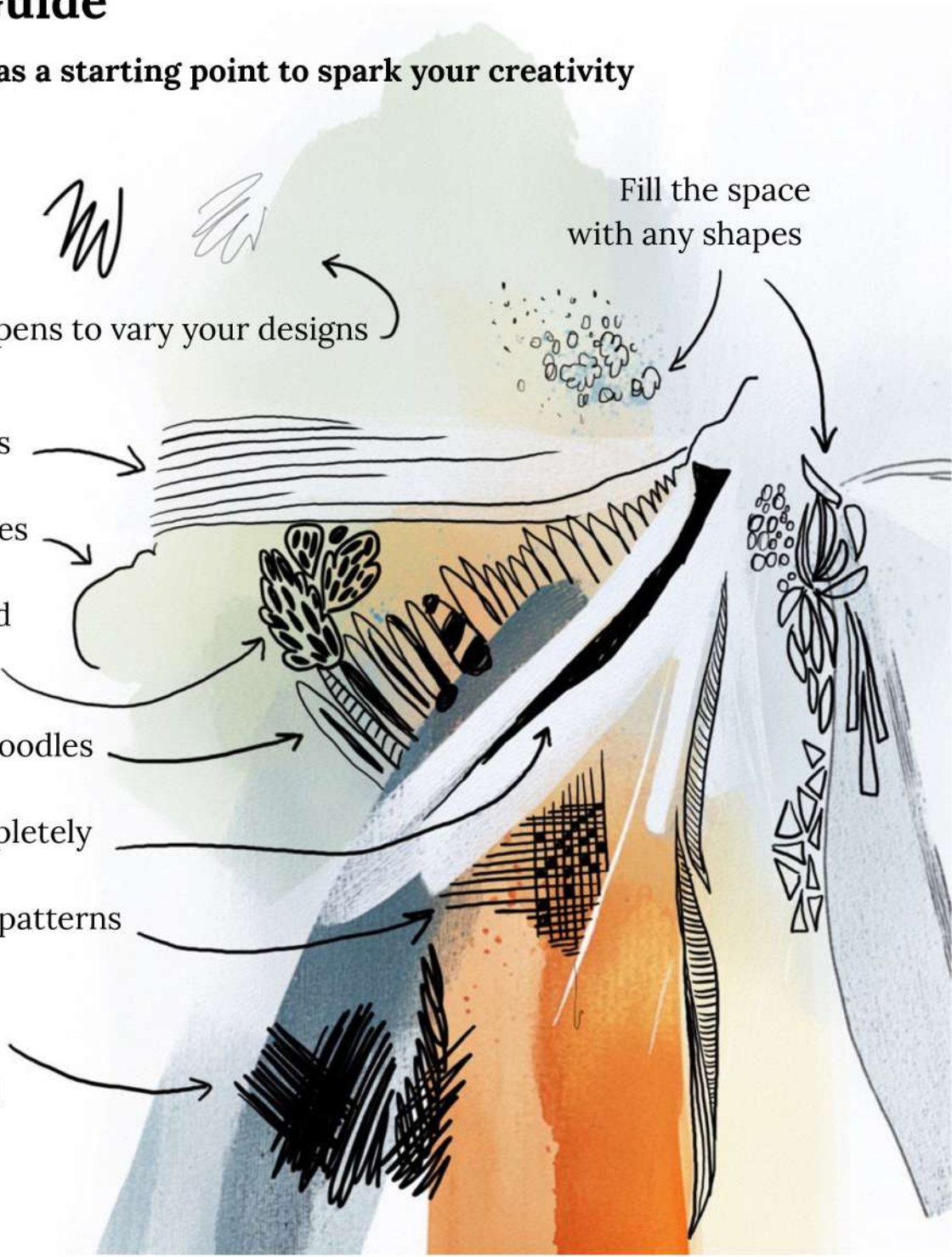
Fill your shapes with doodles

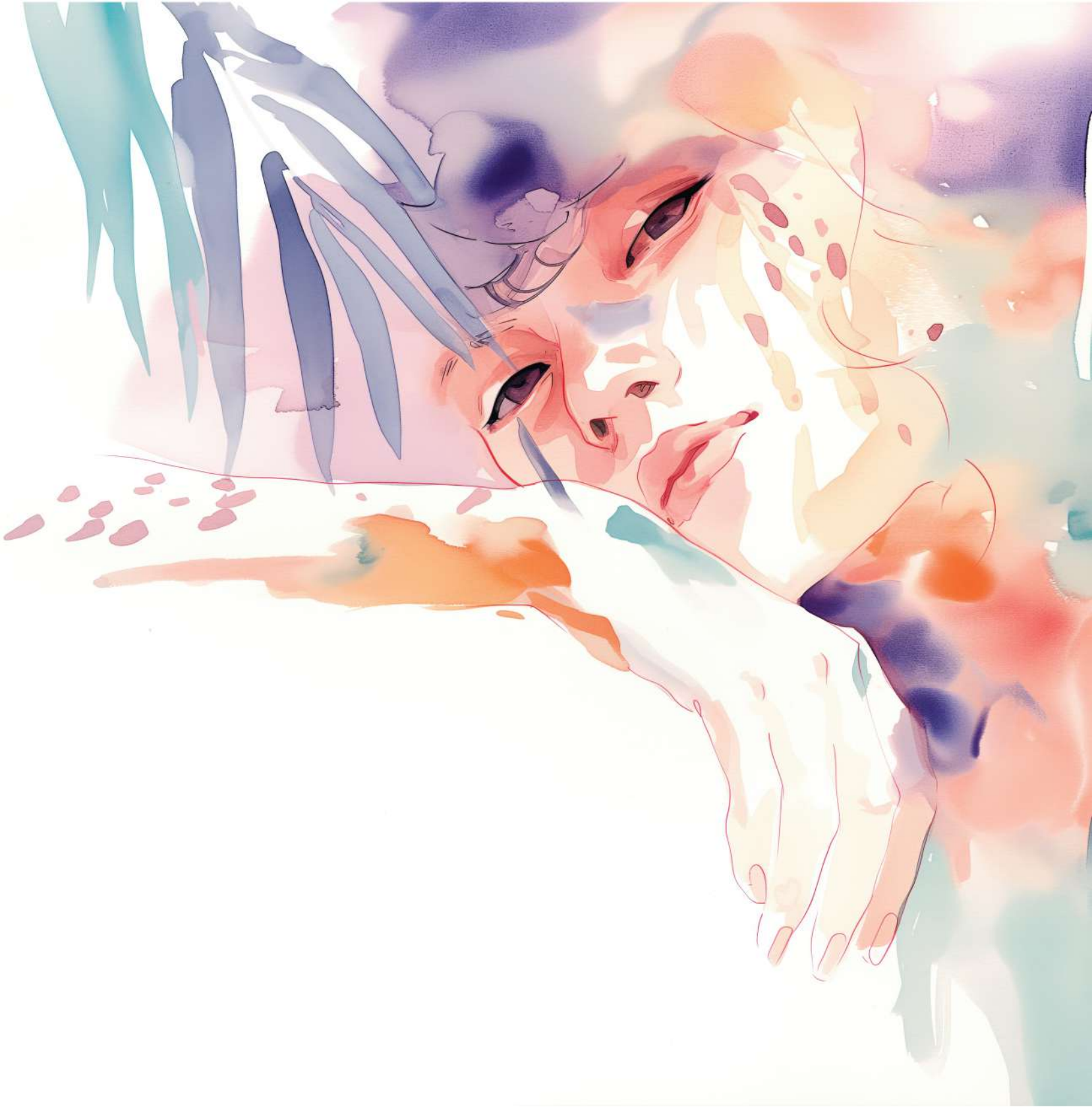
Shade something completely

Draw any geometrical patterns

Anxiety relief.

Let it stay here on the page, not in your mind



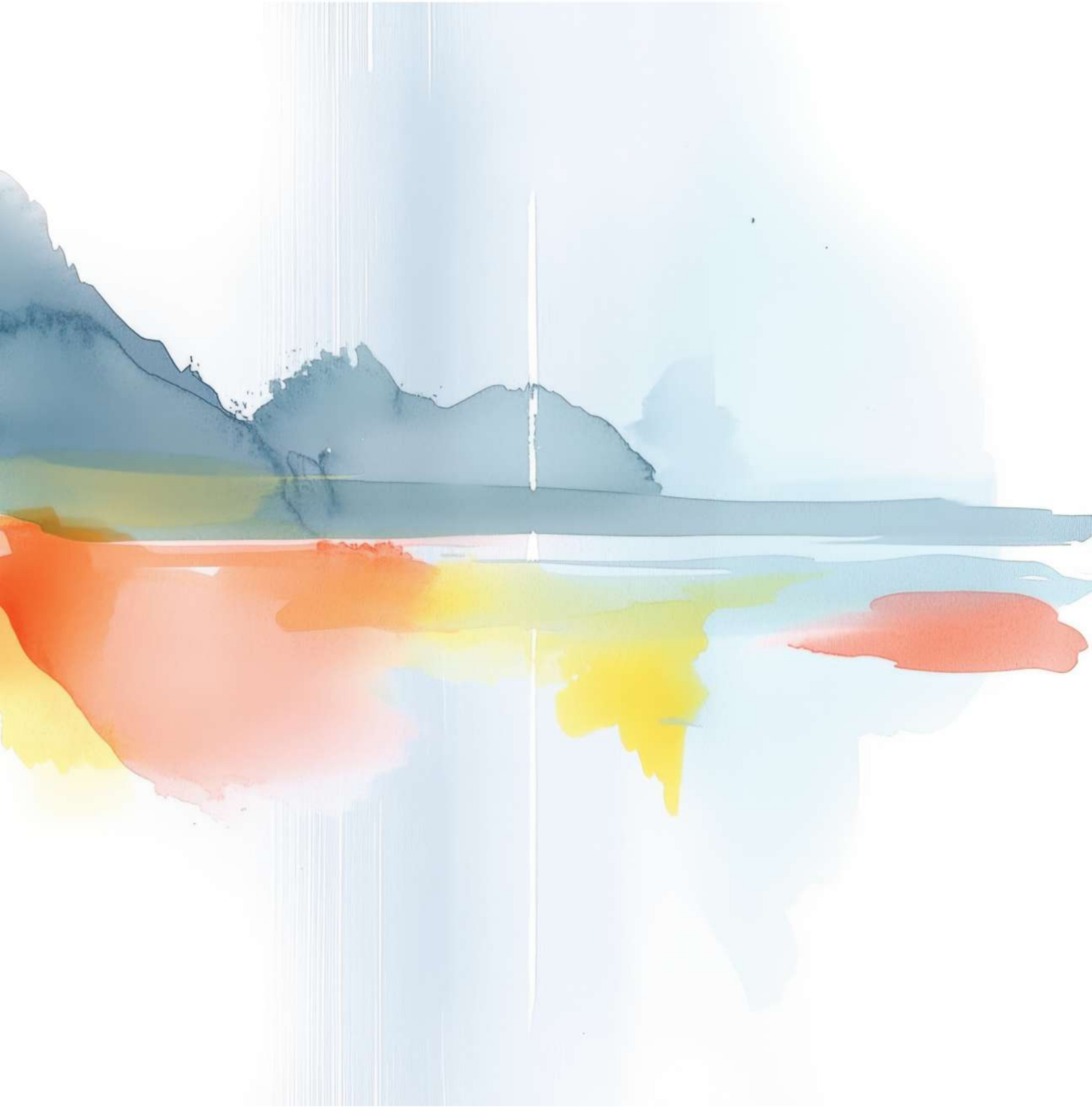


















































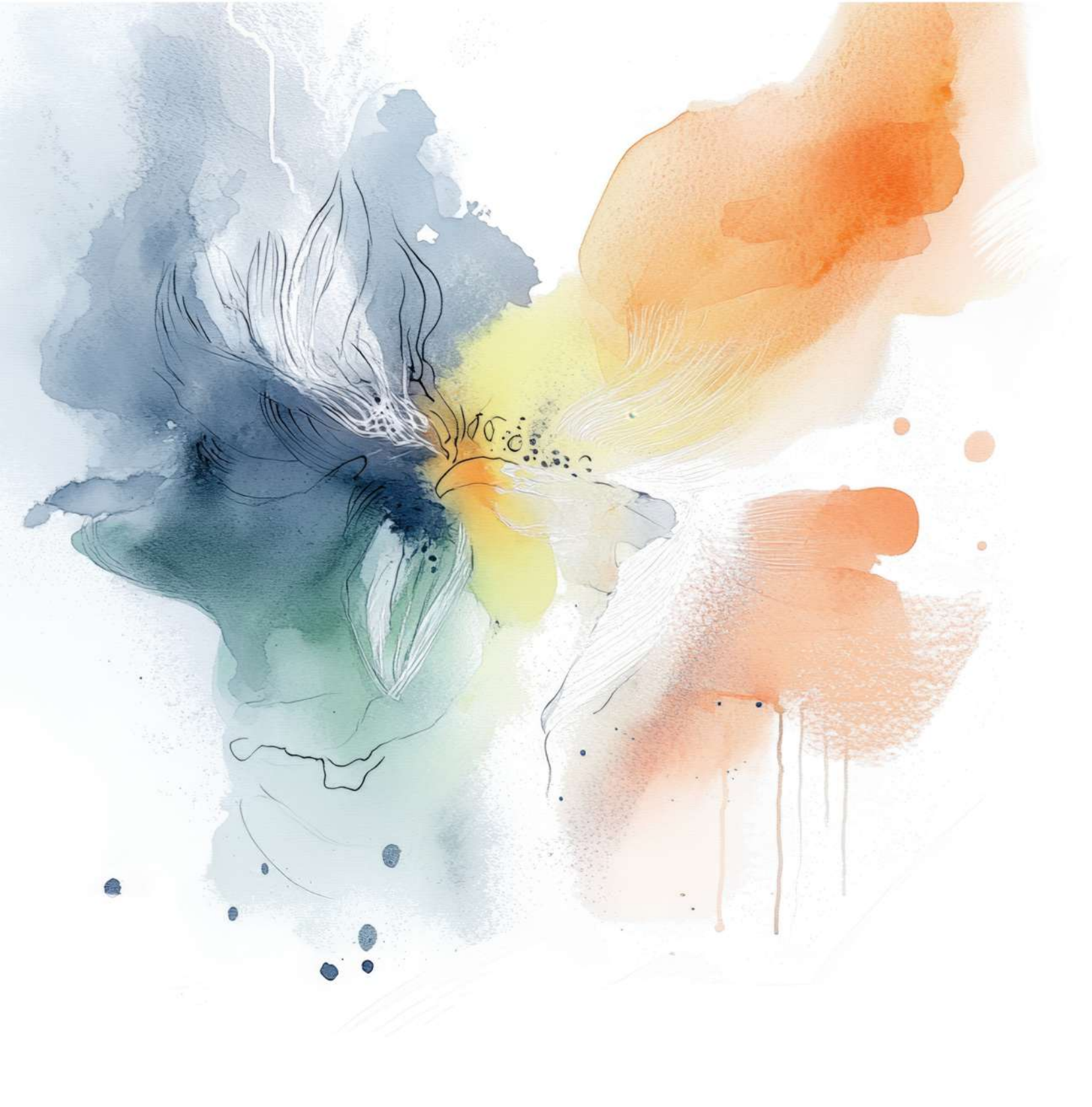


















## About the author

**My name is Kira, I'm 31 years old, and I'm an illustrator with over 10 years of experience in the artistic field.**

**Let's stay connected: Scan to see behind-the-scenes, new artworks, and community creations.**

Insta



Tiktok



I'm so grateful for the opportunity to share with you my love of drawing, doodles, beautiful art, and minimalism.

It's essential to me to create products that resonate with others and allow them to take at least a small step toward self-discovery. It's like truly touching you, having a personal conversation. I poured my heart into making this tool for you, and I would be incredibly grateful to hear about your experience.



Your feedback means the world to me and helps other creative souls find this book.

*Thank you.  
Kira*



### 🛡️ **No pressure, no limits, no errors**

There is no single way to create art! Only you decide how it will turn out. The rules are yours - You are the boss!

### 🛡️ **Play, relax, experiment**

Learn about yourself and have FUN in the process!

### 🛡️ **Treat yourself today - You deserve it!**

Let yourself have time only for you with relaxation and stress relief!

### 🛡️ **Enhance your Focus and Mindfulness**

Engage in a creative practice that helps you center your thoughts and find peace in the moment. Immerse yourself in the calming effects of coloring as you explore your artistic journey.